

AYURVEDIC HERB TREATMENT (LIST OF HERBS)

S. No.	Herb	Botanical name	Part	Ratio
1	Ajwain	Carium coptium	Seed	8:1
2	Arlu sona	Alenthus	Bark	10:1
3	Arendi		Seed	8:1
4	Arjuna	Terminalia arjuna	Bark	10:1
5	Aritha	Sapidus cotex	Fruit	10:1
6	Apamarg	Achranthus aspea	Seed	10:1
7	Anantmool	Hemidesmus indicus	Root	8:1
8	Anar chilka	Punica granthum	Rind	5:01
9	Amaltas	Cassia fistula	Pulp	10:1
10	Amla	Embllica officinalis	Fruit	5:1
11	Amba haldi	Curcuma armeda	Root	Raw
12	Alsi	Flaxseed	Seed	10:1
13	Aloe vera	2%aloin5%polychloride		8:1
14	Akarkara	Anacyclus pyrethu		6:1
15	Ajmoda	Apium graveolens	Seed	8:1
16	Ajwain khur	Hyoscyanus niger	Herb	10:1
17	Arnimool	Premnainter folio	Root	10:1
18	Ashoka	Saraca indica	Bark	10:1
19	Ashwagandha	Withania sominifera	Root	8:1
20	Babool phey		Phey	10:1
21	Balaseed	Sida cordifolia	Plant	8:1
22	Bach gurbach	Acorus calamus	Rhiz	10:1
23	Baividang	Embellia ribes	Seed	8:1
24	Balegiri patra	Angel mamoles	Fruit	8:1
25	Bakucki	Pespration crifolia	Seed	10:1
26	Banfeshapata	Volia odreta	Leaf	Raw
27	Bhilva		Seed	10:1
28	Bhumiamla	Phyllanthus niruri	Plant	10:1
29	Bhringraj	Eclipta alba	Plant	8:1
30	Bharangimool	Clerondrum serra	Bark	10:1
31	Banaba	1%		
32	Bahera	Terminalia belleri	fruit	7:1
33	Brahmi astica	Bacopa monnieri2o%	Plant	10:1
34	Brahmi bacop	Centella asiatica20%	Plant	10:1
35	Brahikand	Discoria bulb	Fruit	
36	Chob chini	China root	Fruit	
37	Chikni supari	Areca catechu	Fruit	10:1
38	Chitrak mool	Lumbago zeylanica	Root	10:1
39	Chirayta	Swertia chirayta	Plant	5:1
40	Chirrilaphoo	Stone flower	Phool	7:1
41	Chenidussor	Iepidium salivum	Seed	10:1
42	Caraluma	30%		
43	Doob berseen		Leaf	10:1
44	Dhania	Coriander	Seed	10:1
45	Desmool	Desmool	Herbs	10:1

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46	Deodar	Cedrus deodera	Wood	10:1
47	Dhaiphul	Woodfordia frut	Flower	10:1
48	Daruharidra	Berberis aris	Bark	10:1
49	Dalchini	Cinnamomum	Bark	10:1
50	Dakham uneka	Vitis vinefera	Fruit	5:1
51	Karanj	Pongamia pinnata	Seed	10:1
52	Karela 5%	Momrdica charenta	Fruit	10:1
53	Kapur kachery	Hedychiunqsapicat	Root	5:1
54	Kapas root	Gossipium herb		10:1
55	Kapas seed	Gossipium herb	Root	10:1
56	Emli	Tamarinda indica	Fruit	5:1
57	Gagrain chall		Bark	10:1
58	Gajer seed	Daucus carota	Seed	10:1
59	Gaj pipel	Scindaspus off	Fruit	5:1
60	Gambhari	Gmelina arbria	Bark	10:1
61	Giloy	Tinosporia cordifolia	Stem	10:1
62	Goajben	Onosmabracteau	Fruit	10:1
63	Gorakhmundi	Sphareranthus indi	Flower	10:1
64	Gokhru	Tribulus terrestris45%	Plant	12:1
65	Gokhru 40%	Tribulus terrestris	Plant	10:1
66	Guggulu	Comiphora mukul	Gum	3:1
67	Gudhel	Hibiscus rosa	Flower	6:1
68	Gulab phool	Rosa	Flower	6:1
69	Guler leaf	Ficus racemosa	Flower	10:1
70	Gurmar	Gymnemasylvestre	Leaf	25%
71	Gunga chirmetila	Abrus prectprius s	Seed	